



EURYPA 2015



1st Congress of the European Young Paediatricians' Association

Notes from the Congress

- ✦ 563 participants from 10 different countries attended to the congress.
- ✦ Participants from England, Austria, Romania, Hungary, France, Belgium, Croatia, Albania and Moldavia were present.
- ✦ 47 of the participants were from outside of Turkey.
- ✦ 116 Turkish participants were from outside of Istanbul.
- ✦ The topic of the opening ceremony was a recent important subject: "War and Children".
- ✦ 31 sessions held on the recent topics of the pediatric clinics.
- ✦ In those sessions 40 different topics have been delivered by 87 speakers.
- ✦ Total of 278 poster presentations have been made.
- ✦ Our questionnaire showed 97% satisfaction rate at the end of the congress.



A Unique Congress

We are honored to organize the 1st Congress of the European Young Pediatricians' Association (EURYPA) under the umbrella of EPA/UNEPSA. We had a very satisfactory congress both scientifically and socially with your participation. The president and the board of the Turkish Pediatrics Association were our greatest support from the first day of our establishment 5 years ago, they also supported us greatly in this congress. It was our first time to see how hard to organize a congress as young physicians is. Organizing this congress and giving the oral presentations contributed us magnificently in the science field. 563 participants were present in the congress and 278 poster presentations were made. The top 3 poster presentations have been awarded. We were glad to see the results of our efforts. We would like to thank you greatly, our colleagues, for

Young Paediatricians



Turkish Young

Pediatricians were established in 2011 in Istanbul under the umbrella of Turkish Pediatric Association. The main target of the establishment was to connect residents and young specialists having lack of connection due to working at different hospitals; gather them under the name of "young pediatricians" to organize education sessions, participate in social activities and to raise societal awareness on important subjects. Today young pediatricians have accomplished those activities and improved the field of work. At this moment, young pediatricians consist of 55 members from Istanbul and 35 from other cities working at different hospitals as residents or specialists.



Turkish Pediatric Association

believing in us and supporting us. We promise to put more effort in making this congress annually with your support. We would like to thank once more to the president and board of the TPA, all speakers from Turkey and abroad and you colleagues for great scientific contributions.

War and Children

Probably, one of the most important topic is war nowadays, and children are the most affected individuals from wars despite the fact that children's rights are accepted in many countries. In this congress, Dr. Mine Ozdil made a speech about how important is this topic, gave some examples, recited a poem: "Hiroshima Child" by Nazim Hikmet. This line explains a child's thoughts best;

"All that I need is that for peace"

Topics of the Congress

Common diseases and hot subjects of everyday pediatric clinic practice were presented as case presentations by our young pediatrician friends with the moderation of valuable chairmen. With this method, young pediatricians achieved a great experience by making a presentation in this important congress and the audience had chance to listen to the valuable experiences of our teachers as contributions.



Young Pediatricians

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Congress Preparations

We started to work as soon as the date of 1st Congress of the European Young Pediatricians' Association was set. By the passing time of 7 months, starting from May, we young pediatricians voluntarily worked and divided the tasks of printing and distributing the leaflets, posters and invitations, inviting participants from abroad and outside of Istanbul, communicating with the all participants one-by-one, creating the scientific and social plan and similar organizational activities. Young pediatricians had many meetings and many sleepless nights during the long and tiring organization phase before the congress. Our main goal was to organize a perfect congress both in scientific and social manner. We are very proud and happy to organize this successful and pleasant congress with all this effort.



(Left column shows the pictures taken during the organization process)



Sad News

Recently serial worrisome terrorist attacks occurred in various regions of Europe before the Congress date. Due to these sad news, as well as the world, we felt sad. Some of our colleagues unfortunately could not take participation in the congress which was achieved through an exhausting prepreation period & extreme workout.

Special Thanks

We would like to thank all of the attendants from Europe including ; UK, Austria , Moldova, Belgium, Croatia, Hungary, France Romania and Albania and attenders who kindly accepted our request and honoured us by participation in the congress.

*"As being a first congress achieved as EURYP, endless thanks and gratitude to governing body and members of EPA/UNEPSA for their kindness (genorosity) and support to Congress that took place **under the roof of EPA/ UNEPSA.**"*

Time to Start the Congress

4th of December, Friday ; first day of Congress ,it has started with first panel headlined as "Aspects of Gastroesophageal Pathology in Children" anchored by Professor Dr. Marin Burlea from Romania with great attention and large attendance. Young Paediatrist colleagues; Dr. Vasile Valeriu Lupu presented "Particularities of the Gastroesophageal reflux Disease in Childhood" , Dr. Ancuta Ingat presented " Gastritis in Childhood " and Dr. Angelina Cristina Marin presented " Helicobacter Pylori Infection in Childhood " on this panel. Congress received a great attention as being a first international congress with unique features different wiews and format as compared to classical ones due to involvement of young colleagues in discussing the topics. Thereafter Eurypa Congress has continued to another panel that was also appreciated by participants without losing any speed. The panel was headlined as Pediatric/Neonatal Emergencies, anchored by Prof. Dr. Julie Mestrovic from Croatia. Young Paediatrist colleagues Dr. Tatjana Ardalic, Ana Skelin and



Jelena Sabljic have discussed three case reports regarding approach to Apnea, Coma and Dyspnea with interesting performance and interactive question and answers parts.





A Unique Congress

This congress has some unique features when compared with common conventional congresses.

Sessions were presented by young colleagues.

At the same time, a dynamic and a unique ambiance (atmosphere) was brought to the congress by discussion of subjects through young colleagues on the panels.

- More interesting and entertaining panels were hold
- Young pediatrician colleagues get first time opportunity to perform their presentation in an international Congress.
- Thereby they have been supported to achieve their career goals
- Fifty young pediatrician colleagues had presentations discussed in our congress

We would like to thank to board of directors of TPA and EPA/ UNEPSA for their worthy support in organizing the first international congress in Europe as EURYPA .

We will keep going on this pathway under the roof of EPA/ UNEPSA.



Highly appreciated opening ceremony and speech **on first day** , Prof. Dr. Fugen Cullu Cokugras the president of TPA, has presented award to Prof. Dr. Julie Mestrovic, vice president of EPA/UNEPSA. Also Sir Julie Mestrovic had introduced his kind present to honorable Fugen Cullu Cokugras. Thereafter opening ceremony has continued with pleasant violin and piano concert. Furthermore on

opening ceremony, Associate Professor Omer Faruk Beser; Head of Young Paediatrists, has introduced overall fundamental works brought by young



Paediatric Association. Ceremony then ended with video show of Young Paediatrists' oath. Guests had an enjoyable night with live music concert following opening cocktail and dinner.



Gala Night

On second day; just after the completion of panels, guests gathered at Gala night. Dr. Mine Ozdil from young paediatricians has granted and thanked to board members of EPA&UNEPSA and board members of TPA and division chiefs. Later Dr. Erkan Erfidan from young paediatricians thanked to pharmaceutical companies for their contribution to the congress within the limits of ethics and then introduced their awards. Following an excited waiting period, young paediatrician Dr. Adem Karbuz introduced worthy awards to first 3 positions selected from 278 poster presentations. Then Dr. Serhat Guler from Young paediatricians has given to placket to organizing company "Topkon" who had taken role in congress preparations. After thank you speech of Associate Professor Dr. Omer Faruk Baser to EPA/UENPSA board members who supported overall of young paediatricians' works and their efforts for congress and to the director of TPA, Professor Dr. Fugen Cullu Cokugras, board members of TPA and division chiefs, a family photo has been captured all together as EPA/ UNEPSA, TPA and Young Paediatricians. Later on ,all the guests have spent a joyful night with an entertaining concert show.



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Congress In Progress At Full Speed

On 5th of December Saturday, the 2nd day of Congress, attenders have filled up the congress hall in early morning although day before musical concert, fun and dancing party has lasted till late night. In a nice sunny day of Istanbul; throughout the day, congress received highest attention of participants as it was fulfilled with wide scientific knowledge and scope of vision. In addition to scientific content, social coverage was also rich in our congress.



Foundation of Cystic Fibrosis (KifDER) and Celiac Disease Associations at their stands actively gave information to doctors and increased awareness at war against the chronic diseases at their activities . Also various companies informed participants at their stands. On the second day of congress

morning in which participants had highest attendance and attentions and difficulty in walking through hallway, Prof. Dr. Kerbl Reinhold had anchored panel



titled as ' Sudden Infant Death Syndrome ' and title was discussed by young paediatrician colleagues Dr. Julia Jillich and Dr. Ulrike Wanz. Later on; successful researches, rare cases and several posters of total 278 presentations were told verbally and then evaluated and scored by principals on the basis of performance table finally first 3 positions are selected and received their awards at Gala night.

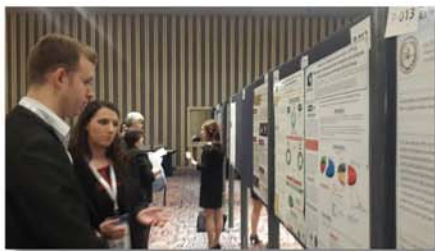
Photos from the Gala Night



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Photos from Poster Presentations



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A Successful Congress Ending

December 6, 2015, the last day of congress, also started with a busy agenda. Although two previous nights were busy due to concerts lasting until late hours, the attendees filled the meeting rooms even in the early morning hours. In the morning of Sunday, Prof. Dr. Fügen Çullu Çokuğraş moderated a session, entitled, “Supplementation of Vitamins and Micronutrients in Infants” in which three of our young pediatricians, Dr. Zeynep Hizli, Dr. Erkan Erfidan, and Dr. Zeynep Alp Unkar presented “D Vitamin Supplementation and Prophylaxis”, “Iron Supplementation and Prophylaxis”, and “Supplementation of



the other Micronutrients”, respectively. Prof. Tudor Pop from Romania moderated the next session, titled “Pediatric Hepatology”. In this session, we had two interesting presentations from two of young pediatrician colleagues. Dr. Ana Stefanescu presented “Non-invasive Evaluation of the Fibrosis in the Children”, Dr. Sharat Varma presented “Indications of Liver Transplantation in



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The Last Day: Istanbul

An excursion throughout Istanbul, one of the most beautiful cities in the world, was necessary during the three day congress. We toured to several districts of Istanbul with our guests on a sunny day. Then, it was a precious moment to enjoy Turkish coffee on the shore at sunset. We would like to thank our guests for the valuable conversation.

Now, while saying goodbye to you, we would like to leave you with unique snapshots of Istanbul.



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Authors:

Dr. Erkan Erfidan

Dr. Ömer Faruk Beşer

Dr. Mine Özdil

Dr. Tuğçe Kalaycı Oral

Dr. Zeynep Karakaya İkbal

Dr. Ayşe Atabek



Children". After a coffee break, another session titled "Metabolic Diseases in Children" started and it was moderated by Prof. Zsuzsanna Almassy. In this

session, Dr. Rita Lónyai presented "A Rare Cause behind Developmental Regression in Infancy" and Dr. Norbert Varga presented "The Presence of Hunter Syndrome in a Family". The last session, entitled "Acute Respiratory Disease in Infancy; Last Evidence" was moderated by Prof. Dr. Ergin Çiftçi. In this session, "High Flow Nasal Canula Treatment in Bronchiolitis" was presented by Dr. Sebastian Gray and "Nebulized adrenaline to treat bronchiolitis" was presented by Dr. Shairah Akbar.



After the sessions ended, in the closing ceremony Dr. Mine Özdil, Dr. Adem Karbuz, Dr. Serhat Güler and Assoc. Dr. Ömer Faruk Beşer, the chair of Young Pediatricians Group, conveyed their appreciations to the board of directors of EPA/UNEPSA and Turkish Pediatric Association (TPA) as well as to all of the attendees. They expressed their wishes to meet again in the near future. Last



but not least, Prof. Dr. Fügen Çullu Çokuğraş, the chair of TPA, thanked all of the attendees, and Young Pediatricians Group for the organization of such a successful congress.

